# 50th Midwest Meet of Champions 1975 \* 2024



Friday & Saturday, June 7-8

Butler University & Marian University

# Congratulations You are an Indiana All-Star!!!

I would like to take this opportunity to congratulate you on an outstanding senior season and career. This is an incredible honor as you join some of the legends of Indiana Track & Field. This packet will give you most of the information you need to know for this exciting weekend. If you have any questions, please feel free to contact your All-Star coach. The entire coaching staff is looking forward to meeting and working with the best that 2024 Indiana Track and Field has to offer!

#### Women's Coordinator

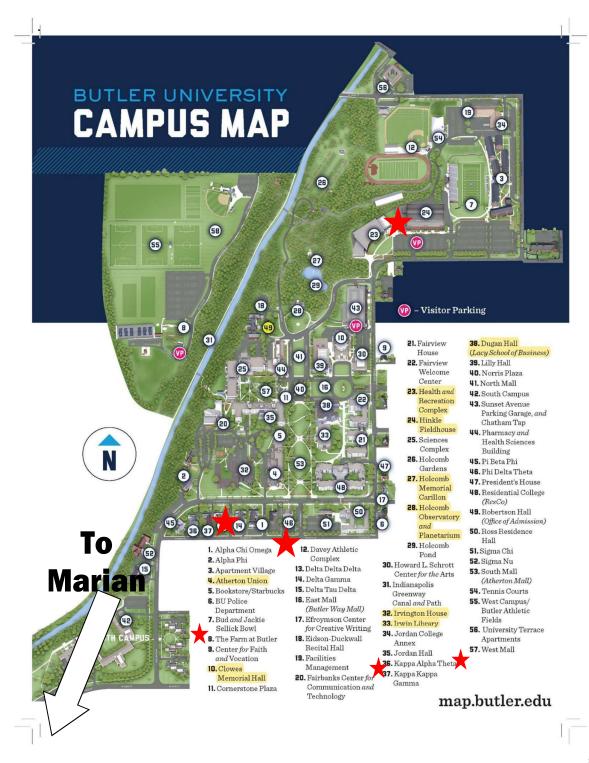
Coach Taylor Marshall 317-796-3536 tmarshal@ccs.k12.in.us

#### **Men's Coordinator**

Coach Frank Litz 317-294-8767 flitz@roncalli.org

#### QUICK IMPORTANT DETAILS

- You need to provide your own transportation to the Midwest Meet of Champions. There
  is a possibility of sharing rides with other athletes and coaches- please let us know if you
  need help with transportation. WE WILL DO OUR BEST TO MAKE
  TRANSPORTATION NOT A BARRIER FOR YOU!
- You should plan to arrive between 1:00-3:00 PM on Friday, June 7. Other arrangements can be made for individual plans. Communicate with your All-Star coach. We are here for athletes to enjoy the honor of being selected as an Indiana All-Star.
- Check-in is at Irvington House at Butler between 1pm and 3pm EDT.
   750 W Hampton Dr, Indianapolis, IN 46208 See campus map for directions.
- Throwers will be responsible for bringing their own implements in the Shot and Discus and Vaulters will be responsible for bringing their own poles.
- We have a light team practice at 3:30-5:30 PM on Friday, June 7<sup>th</sup>.
- You will be provided the following: INDIANA ALL-STAR UNIFORM TOP, ALL-STAR T-SHIRT, and gear to keep, Lee Cossell & Feagley Insulated water mug, housing in a dorm, dinner banquet on Friday night, and breakfast Saturday morning. YOU NEED TO BRING YOUR OWN BOTTOMS to compete in (preferably dark in color)
- Please bring spikes, throwing implements, poles, practice clothing, and personal articles including linens <u>A TWIN BED SHEET</u>, <u>PILLOW</u>, <u>BLANKET</u> and <u>Towel</u> plus toiletries (toothbrush etc.)
- You will need something <u>nice to wear to the Champions Dinner and Banquet Friday</u> <u>night</u> (skirt, dress, or dress pants).



Special Thanks for supporting Indiana High School Track and Field:



### General Itinerary for the Midwest Meet of Champions

All Times are Eastern Daylight Time

#### **Butler University & Marian University**

Friday, June 7 1:00-3:00p.m.-Team Indiana check in at Butler Univ. – Irvington House

3:30-5:30p.m.- Practice at Butler Track

6:00-8:00p.m.-Banquet in Riley Room, Atherton Center

Keynote Speaker – Olympian Wallace Spearmon

9:00p.m.-Team meetings

10:00p.m.- Watch NCAA Outdoor Track and Field Championships

11:00p.m. – Lights Out

Saturday, June 8

7:00a.m-8:45a.m-Breakfast in Atherton Center 10:00am-Senior Team Pictures – location TBD 10:15am-Junior Team Pictures – location TBD

10:30am-Check out of dorm

10:45a.m.- Head to Marian University Track

From Butler U.



## **MIDWEST MEET of CHAMPIONS**

Meet time schedule

11:30a.m.-Parade of athletes, coaches, and officials – line up at the North end

near 100m start – Parade to the finish line

**Field Events** 12:00-Pole Vault-Men, followed by Women

12:00-Discus-Men, followed by Women 12:00-High Jump-Women, followed by Men 12:00-Long Jump-Men, followed by Women 12:00-Shot Put-Women, followed by Men

**Running Events** (approximate times, we will roll with the flow)

12:30 - Coed 4 x 800 Relay 12:45 - Women's 100 Hurdles 12:55- Men's 110 Hurdles

1:05- Women's 100 1:10- Men's 100 1:15 Women's 1600 1:25- Men's 1600

1:35- 4 x 100 Relay Women (separate genders) 1:40- 4 x 100 Relay Men (separate genders)

1:45- Women's 400 1:50- Men's 400

1:55- Women's 300 Hurdles 2:05- Men's 300 Hurdles 2:10- Women's 800 2:15- Men's 800

2:25- Women's 200 2:30- Men's 200 2:35- Women's 3200 2:50- Men's 3200

3:05- Coed 4 x 400

3:15- TEAM & INDIVIDUAL AWARDS

All athletes and relays must report to the clerk at the north end of the front straightaway. They will be escorted to their starting line by our clerks.

We will award medals at the podium one event behind and put in field event award winners as they finish.

Scoring: Relays- 10-7-4-1

Individuals: 10-8-6-4-2-1

Awards: Medals -Top 6 (individuals) 3 (Relays)

Team Championship -traveling trophy

Plaques- Top Field Athlete and Top Track Athlete (both genders)

**Team Camps:** Under the bleachers