

2023 IATCCC Track Clinic
February 2-4

Thursday	Plaza A	Plaza B	Plaza C, D&E	Suite 8-9-10	Suite 6-7	Suite 4-5			
6:00-6:55	Clyde Morgan - Hurdles	Derek Freeman - small school culture distance	Registration, networking and vendors	Mike Erb - Jump Training		Nathan Dyer - Shot & Discus	Registration times in Plaza CDE Thursday 5:15p to 8:30p Friday 7:15a to Noon then 1:30p to 3:15p Saturday 8:00a to 10:30a		
7:00-7:55	Justin Wickard - speed dev done right	Andrew Poore - Long Term Growth Distance		Bryan Fetzer - High Jump	Clyde Morgan - positive team culture	Nathan Dyer - Weights & Movement for Throws			
8:00-8:55	Ryan Banta - testing	Whitney Bevins - Thoughts on Coaching Girls		Brendan Thompson - Structuring Speed Training	Mike Erb - Long Jump				
9:00-11:00	Coaches Social Sponsored by M-F Athletics! Plaza CD & E								
Friday	Plaza A	Plaza B	Plaza C, D&E	Suite 8-9-10	Suite 6-7	Suite 4-5	Suite 2-3	Suite 11-12	Plaza CDE
8:20 - 9:20	Ryan Banta - strength	Rick Sluder - Distance Evolve & Elevate	Registration, networking and vendors	Brandon Bangel - High Jump	April Smith - Throw Drills and Lifts	Hurdles for Beginners - Bob Dahl	Brian Clymer - Topics in the Pole Vault	Building a MS Program - Don Williams	
9:30 - 10:30	Bryan Fetzer - warm up routines, coaching cues	Small School Distance Panel		Justin Wickard - Short hurdles	Tom Broback - Isometrics & Rehab	Throws for Beginners - John Dragoo	Brandon Bangel - Pole Vault		Middle school coach networking
10:45 - 11:45	Ryan Banta - Long Sprints	Colin Altevogt - Carmel Distance Model		Brendan Thompson - Timing to Inform Training	April Smith - Throws Video Breakdown	Jumps for Beginners Bob Dahl	MS Using Technology - Don Williams		Jumps coach networking
Lunch 11:50-1	Plaza A	Plaza B	Plaza C, D&E	Suite 8-9-10	Suite 6-7	Suite 4-5	Suite 2-3	Suite 11-12	Plaza CDE
1:05 - 2:05	Brendan Thompson - Resisted Athleticism	Colin Altevogt - Distance for Track Tournament	Registration, networking and vendors	Joshua Perry - Hurdle drills for an aggressive lead leg	Brandon Bangel - Long Jump	Sprints and Relays for Beginners - Bob Dahl	IHSAA & Direct Athletics		Throws coach networking
2:15 - 3:15	Bryan Fetzer - speed school, sprint development	Quinn White - Distance Expectations, Culture, Mindset		April Smith - Throws, Putting Something On It	Justin Wickard - The Recruitment Journey	Distance for Beginners - Bob Dahl	IHSAA & Direct Athletics	Brian Clymer Sprinting To Set-Up the Jump (PV LJ HJ)	Female coach networking
3:20 - 4:00	Keynote - Ryan Banta								
4:00-4:40	IATCCC general meeting - information								
4:40-5:20	IHSAA rules meeting with Brian Lewis and Janie Ulmer								
5:30 - 6:30	Bryan Fetzer- developing your philosophy and principles	Colin Altevogt - adjusting distance training for injury	Registration, networking and vendors	Justin Wickard - Sprint Times tells a story	New this year - All vendors will be in Plaza CDE This is also where registration will be - in the back Snacks and Caffeine will also be found in the back of Plaza CDE Round tables will be available there as well and special networking sessions have been planned to the right				Retired coach networking
6:30 - 7:30	Ryan Banta - Build Elite Relays	Gabe Porras - Year Long Distance Development		Garmin					New coach networking
7:30 - 8:30	Social								
Saturday	Plaza A	Plaza B	Plaza C, D&E	Suite 8-9-10	<p align="center">SAVE THE DATE IATCCC 2024 at the SHERATON FEBRUARY 1-3, 2024</p>				
8:30 - 9:30	Bryan Fetzer - 400m	Rick Sluder - training for 800 that fits year-long	Registration, networking and vendors						
9:45 - 10:45	Justin Wickard - long hurdles	Bo Stevenson - Distance, building small school		Brian Tremml - Sports Psychology					
11:00 - 12:00	Ryan Banta - critical mass system to short sprints	Class Discussion							