

Thursday					
	Plaza A	Plaza B	Plaza C, DE		
7:00 - 7:55	Mike Hillyard- Distance, University of Southern Indiana	Norbert Elliott- What it is to be a Coach Purdue University	Jermaine Jones - Rotational Shot Purdue University	2019 IATCCC Track and Field Clinic at the Sheraton-Keystone Hotel January 31 - February 2 Registration times in Suite 8-9-10 Thursday - 6:00p to 8:30p Friday - 7:15a to Noon then 1:30p to 3:15p Saturday - 8:00a to 10:30a	
8:00 - 8:55	David Joest - Cultivating Discipline West Lafayette	Brian Power - 200, 400 racing and training, Hanover College	Kris Grimes - Building the Common Approach for all Jumps, UK		
9:00	Coaches Social Sponsored by M-F Athletics!! Plaza C, DE				
Friday					
	Plaza A	Plaza B	Plaza C	Plaza DE	Suite 4 & 5
8:20 - 9:20	Doug Edgar, Training Speed from Day 1, Ind Tech	Brian Power - Long Jump, Hanover College	David Dobson, Involve, Evolve, Dissolve, and Revolve as a Distance Coach, Centerville, OH	Brian Cashdollar - Practices for multi athletes (not hept/dec) jumps/sprints/hurdles	E Shane Lee - How to Build Something When You Know Nothing
9:30 - 10:30	Steve Silvey - 100HH/110HH, Miss St	Brian Power - relays, Hanover College	Dan Iverson- Team Culture Naperville North	Brian Cashdollar- High Jump, Manchester	Info for New Coaches, Steve Cotherman and Terry Lakes
10:45 - 11:45	Steve Silvey - 300m hurdles Miss St	Doug Edgar, Sprints Training Large Groups, Ind Tech	David Dobson, Successful Racing for 4x800,800,1600 & 3200	Dan McQuaid - Discus	Understanding the Basic Rules of Track and Field, Jay White
Lunch 11:50-1:00	Plaza A	Plaza B	Plaza C	Plaza DE	Suite 4 & 5
1:05 - 2:05	Steve Silvey - 100m, 200m training & racing, Miss St	Dan McQuaid - Glide Shot	Dan Iverson-Cross Country Training Naperville North	Collin Gayde - Coaching the pole vault - New to the event	Jeremy Baney, Creative Team Bonding
2:15 - 3:15	Steve Silvey - 400m training, Miss St	Dan McQuaid - Rot. Shot	Steve Krzyminski - T&F Strength Training	Collin Gayde - Creating consistency - Coaching the Pole	Joe Davidson - Accurate Timing with Coach's Eye
3:20 - 3:50	Track All in the Family - Le'gretta and Steve Smith				MS Coaching Logistics, Glenn Sweitzer
3:50 - 4:30	IATCCC General Meeting - Information and Awards				
4:30 - 5:25	IHSAA rules meeting - Paul Neidig				
7:00-10:00	Hall of Fame Banquet in Clearwater (downstairs)				
Saturday					
	Plaza A	Plaza B	Plaza C		
8:30 - 9:30	Steve Silvey - Sprint training Q and A and relays, Miss St	E Shane Lee - Hurdles Training	7:30 AM Distance Run / Discussion	Final January 28 Twitter #IATCCC19 @INTrackCCAssoc	
9:45 - 10:45	Ashley Andres - Long Jump	Track & Field Roundtable Discussion	David Dobson, Distance, Centerville, OH		
11:00 - 12:00	Ashley Andres - High Jump	E Shane Lee - Fundamentals of Sprint Training	Cross Country Roundtable Discussion		